[](http://www.google.ca/url?sa=i&rct=j&q=&esrc=s&frm=1&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCL6h4YOg0cgCFUUyPgodtXIOOw&url=http://www.trafficsign.us/yellowstop.html&psig=AFQjCNGt5SS4oiBGNqRfDu-pN6POiaC8PA&ust=1445437384767381)

**Did you H.E.L.P. today?**

**H**elp to toilet

**E**nvironment set up

**L**eave call bell in reach

**P**ersonal needs met:

“Anything you need before I go?”

**FALLS PREVENTION**

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**Falls Initiative Quick Reference Guide**

We know everyone is working hard to reduce the number of patient falls. The corporate strategic goal is to reduce the number of falls resulting in moderate to serious injury by 15%. Staff are reminded to continue with the new interventions we have in place. These interventions are evidence based, demonstrating a reduction in fall risk, assist with mobility when environment is safe, reduce the use of call bells and engage client and family.

We can all **H.E.L.P.** to reduce injury from falls. At every encounter with patient, remember to ask the following before leaving the patient’s room.

**H**elp patient to the toilet

**E**nvironment set up, a clear path to the bathroom

**L**eave the call bell within reach

**P**ersonal needs attended to, ask the patient: “Is there anything else you need before I go?” (water, eye glasses etc.)

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**H**elp patient to the toilet

**E**nvironment set up, a clear path to the bathroom

**L**eave the call bell within reach

**P**ersonal needs attended to, ask the patient: “Is there anything else you need before I go?” (water, eye glasses etc.)

**Did you H.E.L.P.P. today?**

**H**elp to toilet

**E**nvironment set up

**L**eave personal items/call bell in reach

**P**ain addressed

**P**ersonal needs met:

“Anything you need before I go?”