

City of Thunder Bay Outpatient RD Services, September 2019

Reason for referral:

Cancer

- **Cancer Program – TBRHSC**
 - Regional Cancer Program clients or with nutrition issues related to active cancer diagnosis.

Diabetes

- **St. Joseph's Care Group Diabetes Health Thunder Bay**
 - Requires a pre-diabetes or diabetes diagnosis.
- **Centre for Complex Diabetes Care (CCDC)**
 - Must have co-morbidities associated with their diabetes.
- **Anishnawbe Mushkiki Community Health and Wellness Centre**
 - High risk, Prediabetes and Type 2 Diabetes

Heart Disease

- **Rehabilitation and Healthy Lifestyles Program – TBRHSC**
 - High Cardiovascular risk + any pre-existing cardiac related conditions
- **Congestive Heart Failure – TBRHSC**
 - Must be registered with the CHF telehomecare program

Mental Health/Addictions

- **St. Joseph's Health Centre Community Mental Health Services**
 - Must have a Mental Health Diagnosis
- **Sister Margaret Smith Centre – Eating Disorder Program**
 - Medically stable clients with a diagnosed eating disorder residing in North western Ontario.
- **Chronic Pain Management Program**
 - Must be referred by a NP/MD

Obesity

- **Adult Bariatric Program – TBRHSC**
 - Surgical Program:
BMI > 40 OR BMI > 35 with weight related co-morbidities
 - Medical Program:
BMI >35 OR BMI > 30 with very specific weight related co-morbidities
- **Pediatric Healthy Living Program – TBRHSC**

- BMI >99th percentile OR BMI > 97th percentile plus a significant obesity related co-morbidity

Renal

- **Renal Services – TBRHSC**
 - Must be a registered patient with renal services.

Rheumatology

- **St. Joseph's Care Group Rheumatology Program**
 - Must be in the Rheumatology Day Program or receiving care by a Rheumatologist

Stroke

- **Outpatient Stroke Clinic – TBRHSC**
 - For individuals who had a recent stroke or TIA, or who are at high risk.

Wounds

- **St. Joseph's Care Group Wound Care Program**
 - Must be in the wound care program under Dr. Migay or an Enterostomal RN

General Nutrition

- **General High Risk Nutrition – TBRHSC**
 - District of Thunder Bay adults with referral (ie. Inpatients requiring outpatient follow up or inpatient referrals not seen by RD in hospital). Mainly GI conditions.
- **Maternity Centre – TBRHSC**
 - Prenatal or post-partum (<8 weeks) patients. Can self-refer.
- **Anishnawbe Mushkiki Community Health and Wellness Centre**
 - Must be a registered patient.
- **Dilico Anishabek Family Care – Primary Care Travelling Team**
 - Services available in Thunder Bay most Mondays and Fridays for general population.
- **Confederation College Health Centre**
 - Must be a staff or student of Confederation College.
- **Fort William Clinic**
 - Must be a registered patient.
- **Harbourview Family Health Team**
 - Must be a registered patient.
- **Lakehead Nurse Practitioner-Led Clinic**
 - Must be a registered patient.

- **NorWest Community Health Centre**
 - Must be a registered patient.

- **Aspiria Employee Assistance Program**
 - Must be an employee (or employee's immediate family member) of an organization that purchases EFAP services.
- **Behavioural Sciences Centre Employee Assistance Program**
 - Must be an employee (or employee's immediate family member) of an organization that purchases EFAP services.
- **Shepell-fgi Employee Assistance Program**
 - Must be an employee (or employee's immediate family member) of an organization that purchases EFAP services.
- **North West LHIN (CCAC)**
 - Must meet the eligibility requirements of home care services.
- **Private Practice – Cornerstone Clinic (Catherine Semenick)**
- **Private Practice – Oak Medical Clinic (Kelly Keeler)**
- **Private Practice – You + Food (Saara Rizzo)**

➔ Refer using Appendix